

# STATISTICS & CONTEXT

## HOW MANY OF YOUR NEIGHBORS ARE EXPERIENCING FOOD INSECURITY?

	MISSISSIPPI	ALABAMA	FLORIDA
Children	1 in 5 / 19.5% 132,756	1 in 5 / 17.0% 188,646	1 in 6 / 15.2% 673,288
Employed Adults	1 in 8 / 11.6% 137,880	1 in 11 / 8.7% 188,688	1 in 10 / 9.5% 971,499
Seniors	1 in 8 / 12.5% 88,801	1 in 12 / 8.2% 101,404	1 in 10 / 10.0% 636,118
<b>TOTAL</b>	<b>1 in 6 / 16.1%</b> <b>463,399</b>	<b>1 in 8 / 12.3%</b> <b>601,362</b>	<b>1 in 8 / 12.0%</b> <b>2,640,958</b>

Source = [Hunger Free America - Hunger Survey Report - 2024](#)

Food insecurity continues to affect many people in our area, especially children and seniors. Not even employment guarantees protection from food insecurity.

These numbers highlight the ongoing need for strong hunger-relief efforts and community support across the region.

To find more localized data, please visit : [map.feedingamerica.org](https://map.feedingamerica.org)



**1 in 6 people, more than  
367,000 individuals,**

is facing food insecurity in the Feeding the Gulf Coast service area. This means thousands of families are struggling to put enough food on the table.

## CHILD HUNGER

- Families with children often face increased costs for housing, healthcare, and childcare, leaving less money for food.
- Hunger can lead to stunted growth, developmental delays, and chronic health conditions.
- Malnutrition can hinder brain development, leading to poor academic performance and difficulty concentrating.



## SENIOR HUNGER

- Seniors often live on fixed incomes, making it hard to afford both food and other essential needs.
- Health issues and lack of transportation make accessing food more difficult.
- Hunger worsens chronic health conditions, contributes to malnutrition, and increases the risk of social isolation, depression, and cognitive decline.



## MILITARY HUNGER

- Frequent relocations and low-paying jobs for spouses lead to financial instability.
- High living costs near military bases leave less money for food.
- Hunger impacts military readiness, health, and mental well-being.